

Medical Policy

Botulinum Toxins

Last review date: **1/1/2026**

Prior review date: **10/1/2025**

Applicable Products

Botox (onabotulinumtoxinA)

Myobloc (rimabotulinumtoxinB)

Daxxify (daxibotulinumtoxinA-lanm)

Xeomin (incobotulinumtoxinA)

Dysport (abobotulinumtoxinA)

Initial Approval Criteria

Coverage may be approved if all of the following are met:

- Drug-specific criteria; **AND**
- If applicable: Trial and failure, intolerance, or a contraindication to the preferred products as listed in the medical drug list

Botox

Diagnosis of one of the following:

- Blepharospasms (12 years of age or older)
- Cervical dystonia to reduce the severity of abnormal head position and neck pain (16 years of age or older)
- Strabismus in members (12 years of age or older)
- Lower limb spasticity, Excluding Spasticity Caused by Cerebral Palsy (2 years of age or older)
- Upper limb spasticity (2 years of age or older)
- Severe palmar hyperhidrosis / Severe primary axillary hyperhidrosis
- Chronic daily headache (migraine or tension-type)
- Esophageal achalasia
- Oromandibular dystonia of isolated nature
- Laryngeal dystonia
- Cerebral palsy with concurrent equinus gait
- Sialorrhea
- Urinary incontinence due to detrusor overactivity
- Overactive bladder
- Focal upper limb dystonia with either pain or functional impairment

- Idiopathic (primary or genetic) torsion and symptomatic (acquired) torsion dystonia
- Hereditary spastic paraplegia
- Infantile cerebral palsy
- Spasticity due to multiple sclerosis
- Neuromyelitis optica
- Schilder's disease
- Spastic hemiplegia
- Chronic anal fissure — failed conventional therapy
- Idiopathic transverse myelitis
- Quadriplegia
- Paraplegia
- Diplegia of upper limbs
- Monoplegia
- Spastic ENT/ectropion
- Hemiplegia
- Hemifacial spasm
- Other paralytic syndromes
- Pediatric Spasticity
- Temporomandibular Joint disorder
- Neurogenic detrusor overactivity

Xeomin

- Patient is 18 years of age or older and has a diagnosis of one of the following:
 - Cervical dystonia (in adults) to decrease the severity of abnormal head position and neck pain in both toxin-naïve and previously treated patients
 - Blepharospasm
 - Upper limb spasticity
 - Excessive salivation, chronic; **OR**
- Patient is 2 years of age or older and has a diagnosis of one of the following:
 - Upper limb spasticity excluding spasticity caused by cerebral palsy

Daxxify

- Patient is 18 years of age or older; **AND**
- Diagnosis of cervical dystonia to reduce the severity of abnormal head position and neck pain associated with cervical dystonia

Myobloc

- Patient is 18 years of age or older and has a diagnosis of one of the following:
 - Cervical Dystonia/spasmodic torticollis
 - Chronic sialorrhea
 - Overactive bladder/bladder muscle dysfunction

Renewal Criteria

Coverage may be renewed if all of the following are met:

- Patient continues to meet Initial Approval Criteria; **AND**
- Absence of unacceptable toxicity

Length of Authorization

12 Months

This policy is designed to address medical guidelines that are appropriate for the majority of individuals with a particular disease, illness, or condition. Each person's unique clinical or other circumstances may warrant individual consideration, based on review of applicable medical records, as well as other regulatory, contractual and/or legal requirements.

Medical policies do not constitute medical advice, nor are they intended to govern the practice of medicine. They are intended to reflect reimbursement and coverage guidelines. Coverage for services may vary for individual members, based on the terms of the benefit contract.